## A METHOD FOR ESTABLISHING CERTAIN TRIGONOMETRIC INEQUALITIES

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In this note, we describe a method for establishing trigonometric inequalities that involve symmetric functions in the cosines of the angles of a triangle. The method is based on finding a complete set of relations that define the cosines of such angles.

Trigonometric Inequalities
Mowaffaq Hajja
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Title Page
Contents

| ৫ |  |
| :---: | :---: |
| 4 |  |
| Page 1 of 24 |  |
| Go Back |  |

Full Screen
Close
journal of inequalities in pure and applied mathematics
issn: 2443-5756

## Contents

1 Introduction ..... 3

1 Introduction 3
2 Triples that can Serve as the Cosines of the Angles of a Triangle ..... 4

2 Triples that can Serve as the Cosines of the Angles of a Triangle
3 Maximizing the Sum of the Contents of the Corner Angles of an
Equifacial Tetrahedron ..... 10
4 A Method for Optimizing Certain Trigonometric Expressions ..... 11
5 Examples ..... 13
6 Limitations of the Method described in Section 4 ..... 220

Trigonometric Inequalities
Mowaffaq Hajja
vol. 8, iss. 1, art. 29, 2007

Title Page
Contents


Page 2 of 24

Go Back
Full Screen
Close
journal of inequalities in pure and applied mathematics
issn: 1443-5756

## 1. Introduction

This note is motivated by the desire to find a straightforward proof of the fact that among all equifacial tetrahedra, the regular one has the maximal solid angle sum [9]. This led to a similar desire to find a systematic method for optimizing certain trigonometric functions and for establishing certain trigonometric inequalities.

Let us recall that a tetrahedron is called equifacial (or isosceles) if its faces are congruent. It is clear that the three angles enclosed by the arms of each corner angle of such a tetrahedron are the same as the three angles of a triangular face. Less obvious is the fact that the faces of an equifacial tetrahedron are necessarily acuteangled [8], [9].

Let us also recall that if $A, B$ and $C$ are the three angles enclosed by the arms of a solid angle $V$, then the content $E$ of $V$ is defined as the area of the spherical triangle whose vertices are traced by the arms of $V$ on the unit sphere centered at the vertex of $V$ [5]. This content $E$ is given (in [5], for example) by

$$
\begin{equation*}
\tan \frac{E}{2}=\frac{\sqrt{1-\cos ^{2} A-\cos ^{2} B-\cos ^{2} C+2 \cos A \cos B \cos C}}{1+\cos A+\cos B+\cos C} \tag{1.1}
\end{equation*}
$$

The statement made at the beginning of this article is equivalent to saying that the maximum of the quantity (1.1) over all acute triangles $A B C$ is attained at $A=$ $B=C=\pi / 3$. To treat (1.1) as a function of three variables $\cos A, \cos B$, and $\cos C$, one naturally raises the question regarding a complete set of relations that define the cosines of the angles of an acute triangle, and similarly for a general triangle. These questions are answered in Theorems 2.2 and 2.3. The statement regarding the maximum of the quantity (1.1) over acute triangles $A B C$ is established in Theorem 3.1. The methods developed are then used to establish several examples of trigonometric inequalities.
$J$

Trigonometric Inequalities
Mowaffaq Haja
vol. 8, iss. 1 , art. 29, 2007

Title Page
Contents


Page 3 of 24
Go Back
Full Screen
Close
journal of inequalities in pure and applied mathematics
issn: 2443-5756

## 2. Triples that can Serve as the Cosines of the Angles of a Triangle

Our first theorem answers the natural question regarding what real triples qualify as the cosines of the angles of a triangle. For the proof, we need the following simple lemma taken together with its elegant proof from [7]. The lemma is actually true for any number of variables.
Lemma 2.1. Let $u$, $v$, and $w$ be real numbers and let

$$
\begin{equation*}
s=u+v+w, \quad p=u v+v w+w u, \quad q=u v w . \tag{2.1}
\end{equation*}
$$

Then $u, v$, and $w$ are non-negative if and only if $s, p$ and $q$ are non-negative.
Proof. If $s, p$, and $q$ are non-negative, then the polynomial $f(T)=T^{3}-s T^{2}+p T-q$ will be negative for every negative value of $T$. Thus its roots $u$, $v$, and $w$ (which are assumed to be real) must be non-negative.

With reference to (2.1), it is worth recording that the assumption that $s, p$, and $q$ are non-negative does not imply that $u, v$, and $w$ are real. For example, if $\zeta$ is a primitive third root of unity, and if $(u, v, w)=\left(1, \zeta, \zeta^{2}\right)$, then $s=p=0$ and $q=1$. For more on this, see [11].

Theorem 2.2. Let $u, v$ and $w$ be real numbers. Then there exists a triangle $A B C$ such that $u=\cos A, v=\cos B$, and $w=\cos C$ if and only if

$$
\begin{gather*}
u+v+w \geq 1  \tag{2.2}\\
u v w \geq-1  \tag{2.3}\\
u^{2}+v^{2}+w^{2}+2 u v w=1 . \tag{2.4}
\end{gather*}
$$

The triangle is acute, right or obtuse according to whether uvw is greater than, equal to or less than 0 .

Trigonometric Inequalities
Mowaffaq Hajja
vol. 8, iss. 1, art. 29, 2007

Title Page
Contents


Page 4 of 24
Go Back
Full Screen
Close
journal of inequalities in pure and applied mathematics
issn: 1443-5756

Proof. Let $A, B$, and $C$ be the angles of a triangle and let $u$, $v$, and $w$ be their cosines. Then (2.3) is trivial, (2.2) follows from

$$
\begin{equation*}
\cos A+\cos B+\cos C=1+4 \sin \frac{A}{2}+\sin \frac{B}{2}+\sin \frac{C}{2} \tag{2.5}
\end{equation*}
$$

or from Carnot's formula

$$
\begin{equation*}
\frac{r}{R}=\cos A+\cos B+\cos C-1 \tag{2.6}
\end{equation*}
$$

where $r$ and $R$ are the inradius and circumradius of $A B C$, and (2.4) follows by squaring $\sin A \sin B=\cos C+\cos A \cos B$ and using $\sin ^{2} \theta=1-\cos ^{2} \theta$. For (2.5), see [4, 678, page 166], for (2.6), see [10], and for more on (2.4), see [6].

Conversely, let $u, v$, and $w$ satisfy (2.2), (2.3), and (2.4), and let $s, p$ and $q$ be as in (2.1). Then (2.2), (2.3), and (2.4) can be rewritten as

$$
\begin{equation*}
s \geq 1, \quad q \geq-1, \quad s^{2}-2 p+2 q=1 \tag{2.7}
\end{equation*}
$$

We show first that

$$
\alpha=1-u^{2}, \quad \beta=1-v^{2}, \gamma=1-w^{2}
$$

are non-negative. By Lemma 2.1, this is equivalent to showing that $\alpha+\beta+\gamma$, $\alpha \beta+\beta \gamma+\gamma \alpha$, and $\alpha \beta \gamma$ are non-negative. But it is routine to check that

$$
\begin{gathered}
\alpha+\beta+\gamma=2(q+1) \geq 0 \\
4(\alpha \beta+\beta \gamma+\gamma \alpha)=\left((s-1)^{2}+2(q+1)\right)^{2}+4(s-1)^{3} \geq 0 \\
4 \alpha \beta \gamma=(s-1)^{2}\left(s^{2}+2 s+1+4 q\right) \geq(s-1)^{2}(1+2+1-4) \geq 0
\end{gathered}
$$

Thus $-1 \leq u, v, w \leq 1$. Therefore there exist unique $A, B$ and $C$ in $[0, \pi]$ such that $u=\cos A, v=\cos B$, and $w=\cos C$. It remains to show that $A+B+C=\pi$.
$J$

Trigonometric Inequalities
Mowaffaq Hajja
vol. 8, iss. 1, art. 29, 2007

Title Page
Contents


Page 5 of 24
Go Back
Full Screen
Close
journal of inequalities in pure and applied mathematics
issn: 1443-5756

The sum of $u+v w, v+w u$, and $w+u v$ is $s+p$ and

$$
s+p=s+\frac{s^{2}+2 q-1}{2} \geq 1+\frac{1-2-1}{2}=0
$$

Thus at least one of them, say $w+u v$, is non-negative. Also, (2.4) implies that

$$
(w+u v)^{2}=u^{2} v^{2}+1-u^{2}-v^{2}=\left(1-u^{2}\right)\left(1-v^{2}\right)=\sin ^{2} A \sin ^{2} B .
$$

Since $\sin A, \sin B$, and $w+u v$ are all non-negative, it follows that $w+u v=$ $\sin A \sin B$, and therefore

$$
\cos C=w=-u v+\sin A \sin B=-\cos A \cos B+\sin A \sin B=-\cos (A+B)
$$

It also follows from (2.2) that

$$
2 \cos \frac{A+B}{2} \cos \frac{A-B}{2}=\cos A+\cos B \geq 1-\cos C \geq 0
$$

and hence $0 \leq A+B \leq \pi$. Thus $C$ and $A+B$ are in $[0, \pi]$. From $\cos C=$ $-\cos (A+B)$, it follows that $A+B+C=\pi$, as desired.

Now let $s, p$ and $q$ be given real numbers and let $u, v$, and $w$ be the zeros of the cubic $T^{3}-s T^{2}+p T-q$. Thus $u, v$ and $w$ are completely defined by (2.1). It is well-known [12, Theorem 4.32, page 239] that $u, v$ and $w$ are real if and only if the discriminant is non-negative, i.e.

$$
\begin{equation*}
\Delta=-27 q^{2}+18 s p q+p^{2} s^{2}-4 s^{3} q-4 p^{3} \geq 0 \tag{2.8}
\end{equation*}
$$

If we assume that (2.7) holds, then we can eliminate $p$ from $\Delta$ to obtain

$$
\Delta=-\left(s^{2}+2 s+1+4 q\right)\left(s^{4}-2 s^{3}+4 s^{2} q-s^{2}-20 s q+4 s-2+20 q+4 q^{2}\right)
$$

Trigonometric Inequalities
Mowaffaq Hajja
vol. 8, iss. 1, art. 29, 2007

Title Page
Contents


Page 6 of 24
Go Back
Full Screen
Close
journal of inequalities in pure and applied mathematics
issn: 2443-5756

Also (2.7) implies that $s^{2}+2 s+1+4 q=(s+1)^{2}+4 q \geq 2^{2}+4(-1) \geq 0$, with equality if and only if $(s, q)=(1,-1)$. Moreover, when $(s, q)=(1,-1)$, the second factor of $\Delta$ equals zero. Therefore, with (2.7) assumed, the condition that $\Delta \geq 0$ is equivalent to the condition

$$
\begin{equation*}
\Delta^{*}=-s^{4}+2 s^{3}-4 s^{2} q+s^{2}+20 s q-4 s+2-20 q-4 q^{2} \geq 0 \tag{2.9}
\end{equation*}
$$

with $\Delta=0$ if and only if $\Delta^{*}=0$. From this and from Theorem 2.2, it follows that $u, v$ and $w$ are the cosines of the angles of a triangle if and only if (2.7) and (2.8) (or equivalently (2.7) and (2.9)) hold. Also, the discriminant of $\Delta^{*}$, as a polynomial in $q$, is $16(3-2 s)^{3}$. Therefore for (2.9) to be satisfied (for any $s$ at all), we must have $s \leq 3 / 2$. Solving (2.9) for $q$, we re-write (2.9) in the equivalent form

$$
\left\{\begin{array}{l}
f_{1}(s) \leq q \leq f_{2}(s), \text { where }  \tag{2.10}\\
f_{1}(s)=\frac{-s^{2}+5 s-5-(3-2 s)^{3 / 2}}{2}, \quad f_{2}(s)=\frac{-s^{2}+5 s-5+(3-2 s)^{3 / 2}}{2}
\end{array}\right.
$$

Trigonometric Inequalities
Mowaffaq Hajja
vol. 8, iss. 1, art. 29, 2007

Title Page
Contents


Page 7 of 24
Go Back
Full Screen

## Close

journal of inequalities in pure and applied mathematics

$$
\begin{gather*}
s^{2}-2 p+2 q-1=0  \tag{2.11}\\
1 \leq s \leq 1.5 \tag{2.12}
\end{gather*}
$$



Figure 1.

## Trigonometric Inequalities

Mowaffaq Hajja
vol. 8, iss. 1, art. 29, 2007

Title Page
Contents


Page 8 of 24

Go Back
Full Screen
Close
journal of inequalities in pure and applied mathematics
issn: 1443-575t
and any of the equivalent conditions (2.8), (2.9) and (2.10) hold. The boundary of $\Omega$ consists of the line segment defined by

$$
s=1, \quad q=p \in[-1,0]
$$

and corresponding to degenerate triangles (i.e. triangles with a zero angle), and the curve parametrized by
(2.13) $s=2 t+1-2 t^{2}, \quad q=t^{2}\left(1-2 t^{2}\right), \quad p=t^{2}+2 t\left(1-2 t^{2}\right), \quad 0 \leq t \leq 1$
and corresponding to isosceles triangles having angles $(\theta, \theta, \pi-2 \theta)$, where $\theta=$ $\cos ^{-1} t$. It is clear that $\pi-2 \theta$ is acute for $0<t<1 / \sqrt{2}$ and obtuse for $1 / \sqrt{2}<$ $t<1$. Acute and obtuse triangles correspond to $q>0$ and $q<0$ (respectively), and right triangles are parametrized by

$$
q=0, \quad p=\frac{s^{2}-1}{2}, \quad s \in[1, \sqrt{2}] .
$$

Trigonometric Inequalities
Mowaffaq Hajja
vol. 8, iss. 1, art. 29, 2007

Title Page
Contents


Page 9 of 24
Go Back
Full Screen

Close
journal of inequalities in pure and applied mathematics

## 3. Maximizing the Sum of the Contents of the Corner Angles of an Equifacial Tetrahedron

We now turn to the optimization problem mentioned at the beginning.
Theorem 3.1. Among all acute triangles $A B C$, the quantity (1.1) attains its maximum at $A=B=C=\pi / 3$. Therefore among all equifacial tetrahedra, the regular one has a vertex solid angle of maximum measure.

Proof. Note that (1.1) is not defined for obtuse triangles. Squaring (1.1) and using (2.7), we see that our problem is to maximize

$$
f(s, q)=\frac{4 q}{(s+1)^{2}}
$$

over $\Omega$. Clearly, for a fixed $s, f$ attains its maximum when $q$ is largest. Thus we confine our search to the part of (2.13) defined by $0 \leq t \leq 1 / \sqrt{2}$. Therefore our objective function is transformed to the one-variable function

$$
g(t)=\frac{t^{2}\left(1-2 t^{2}\right)}{\left(t^{2}-t-1\right)^{2}}, \quad 0 \leq t \leq 1 / \sqrt{2}
$$

From

$$
g^{\prime}(t)=\frac{2 t(2 t-1)(t+1)^{2}}{\left(t^{2}-t-1\right)^{3}}
$$

we see that $g$ attains its maximum at $t=1 / 2$, i.e at the equilateral triangle.

Trigonometric Inequalities
Mowaffaq Hajja
vol. 8 , iss. 1 , art. 29,2007

Title Page
Contents


Page 10 of 24
Go Back
Full Screen
Close
journal of inequalities in pure and applied mathematics
issn: 1443-5756

## 4. A Method for Optimizing Certain Trigonometric Expressions

Theorem 3.1 above describes a systematic method for optimizing certain symmetric functions in $\cos A, \cos B$, and $\cos C$, where $A, B$, and $C$ are the angles of a general triangle. If such a function can be written in the form $H(s, p, q)$, where $s, p$, and $q$ are as defined in (2.1), then one can find its optimum values as follows:

1. One finds the interior critical points of $H$ by solving the system

$$
\begin{gathered}
\frac{\partial H}{\partial s}+\frac{\partial H}{\partial p} s=\frac{\partial H}{\partial q}+\frac{\partial H}{\partial p}=0 \\
s^{2}-2 p+2 q=1 \\
1<s<1.5 \\
\Delta=-27 q^{2}+18 s p q+p^{2} s^{2}-4 s^{3} q-4 p^{3}>0 .
\end{gathered}
$$

Equivalently, one uses $s^{2}-2 p+2 q=1$ to write $H$ as a function of $s$ and $q$, and then solve the system

$$
\begin{gathered}
\frac{\partial H}{\partial s}=\frac{\partial H}{\partial q}=0 \\
1<s<1.5 \\
\Delta^{*}=-s^{4}+2 s^{3}-4 s^{2} q+s^{2}+20 s q-4 s+2-20 q-4 q^{2}>0
\end{gathered}
$$

Trigonometric Inequalities
Mowaffaq Hajja
vol. 8, iss. 1, art. 29, 2007

Title Page
Contents


Page 11 of 24
Go Back
Full Screen
Close
journal of inequalities in pure and applied mathematics
issn: 1443-575b
3. One finally optimizes $H$ on isosceles triangles, i.e., on

$$
\left.s=2 t+1-2 t^{2}, \quad p=t^{2}+2 t\left(1-2 t^{2}\right), \quad q=t^{2}\left(1-2 t^{2}\right)\right), \quad t \in[0,1] .
$$

If the optimization is to be done on acute triangles only, then

1. Step 1 is modified by adding the condition $q>0$,
2. Step 2 is discarded,
3. in Step $3, t$ is restricted to the interval $[0,1 / \sqrt{2}]$,
4. a fourth step is added, namely, optimizing $H$ on right triangles, i.e., on

$$
\begin{equation*}
p=\frac{s^{2}-1}{2}, \quad q=0, \quad s \in[1, \sqrt{2}] . \tag{4.1}
\end{equation*}
$$

For obtuse triangles,

1. Step 1 is modified by adding the condition $q<0$,

Trigonometric Inequalities
Mowaffaq Hajja
vol. 8 , iss. 1 , art. 29,2007

Title Page
Contents


Page 12 of 24
Go Back
Full Screen
Close
journal of inequalities in pure and applied mathematics
issn: 1443-5?5b

## 5. Examples

The following examples illustrate the method.
Example 5.1. The inequality

$$
\begin{equation*}
\sum \sin B \sin C \leq\left(\sum \cos A\right)^{2} \tag{5.1}
\end{equation*}
$$

is proved in [3], where the editor wonders if there is a nicer way of proof. In answer to the editor's request, Bager gave another proof in [1, page 20]. We now use our routine method.

Using $\sin A \sin B-\cos A \cos B=\cos C$, one rewrites this inequality as

$$
s+p \leq s^{2}
$$

It is clear that $H=s^{2}-s-p$ has no interior critical points, since $\partial H / \partial p+\partial H / \partial q=$ -1 . For degenerate triangles, $s=1$ and $H=-p=-q$ and takes all the values in $[0,1]$. For isosceles triangles,

$$
\begin{equation*}
H=\left(2 t+1-2 t^{2}\right)^{2}-\left(2 t+1-2 t^{2}\right)-\left(t^{2}+2 t\left(1-2 t^{2}\right)\right)=t^{2}(2 t-1)^{2} \geq 0 \tag{5.2}
\end{equation*}
$$

Thus $H \geq 0$ for all triangles and our inequality is established.
One may like to establish a reverse inequality of the form $s+p \geq s^{2}-c$ and to separate the cases of acute and obtuse triangles. For this, note that on right triangles,

Trigonometric Inequalities
Mowaffaq Hajja
vol. 8, iss. 1, art. 29, 2007

Title Page
Contents


Page 13 of 24
Go Back
Full Screen
Close
journal of inequalities in pure and applied mathematics
issn: 2443-5756

The first three tables below record the critical points of $H$ and its values at those points, and the last one records the maximum and minimum of $H$ on the sets of all acute and all obtuse triangles separately. Note that the numbers $1 / 8$ and $1.5-\sqrt{2}$ are quite close, but one can verify that $1 / 8$ is the larger one. Therefore the maximum of $s^{2}-s-p$ is $1 / 8$ on acute triangles and 1 on obtuse triangles, and we have proved the following stronger version of (5.1):

$$
\begin{aligned}
& \sum \sin B \sin C \leq\left(\sum \cos A\right)^{2} \leq \frac{1}{8}+\sum \sin B \sin C \text { for acute triangles } \\
& \sum \sin B \sin C \leq\left(\sum \cos A\right)^{2} \leq 1+\sum \sin B \sin C \text { for obtuse triangles }
\end{aligned}
$$

|  | Isosceles |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Acute |  |  |  | Obtuse |  |
| $t$ | 0 | $1 / 4$ | $1 / 2$ | $\sqrt{2} / 2$ | 1 |  |
| $H$ | 0 | $1 / 64$ | 0 | $1.5-\sqrt{2}$ | 1 |  |


|  | Degenerate |  |
| :---: | :---: | :---: |
|  | $s=1$ |  |
| $q$ | -1 | 0 |
| $H$ | 1 | 0 |


|  | Right |  |
| :---: | :---: | :---: |
|  | $q=0$ |  |
| $s$ | 1 | 1.5 |
| $H$ | 0 | $1 / 8$ |


|  | Acute | Obtuse | All |
| :---: | :---: | :---: | :---: |
| $\max H$ | $1 / 8$ | 1 | 1 |
| $\min H$ | 0 | 0 | 0 |

We may also consider the function

$$
G=\frac{s+p}{s^{2}}
$$

Again, $G$ has no interior critical points since $\partial G / \partial p=1 / s^{2}$. On degenerate triangles, $s=1$ and $G=1+q$ and takes all values in $[0,1]$. On right triangles, $q=0$ and we have

$$
G=\frac{s^{2}+2 s-1}{2 s^{2}}, \quad \frac{d G}{d s}=\frac{1-s}{s^{3}} \leq 0
$$

Trigonometric Inequalities
Mowaffaq Hajja
vol. 8, iss. 1, art. 29, 2007

Title Page
Contents


Page 14 of 24
Go Back
Full Screen
Close
journal of inequalities in pure and applied mathematics
issn: 2443-575b

Therefore $G$ is decreasing for $s \in[1,1.5]$ and takes all values in $[17 / 18,1]$. It remains to work on isosceles triangles. There,

$$
G=\frac{(1-t)(1+t)(4 t+1)}{\left(2 t^{2}-2 t-1\right)^{2}} \quad \text { and } \quad \frac{d G}{d t}=\frac{2 t(2 t-1)\left(2 t^{2}+4 t-1\right)}{\left(2 t^{2}-2 t-1\right)^{3}}
$$

Let $r=(-2+\sqrt{6}) / 2$ be the positive zero of $2 t^{2}+4 t-1$. Then $0<r<1 / 2$ and $G$ decreases on $[0, r]$, increases on $[r, 1 / 2]$, decreases on $[1 / 2,1]$. Its values at significant points and its extremum values are summarized in the tables below.

|  | Isosceles |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Acute |  | Obtuse |  |  |
| $t$ | 0 | $(-2+\sqrt{6}) / 2$ | $1 / 2$ | $\sqrt{2} / 2$ | 1 |
| $G$ | 1 | $(7+2 \sqrt{6}) / 12$ | 1 | $(1+2 \sqrt{2}) / 4$ | 0 |


|  | Degenerate |  |
| :---: | :---: | :---: |
|  | $s=1$ |  |
| $q$ | -1 | 0 |
| $G$ | 0 | 1 |


|  | Right |  |
| :---: | :---: | :---: |
|  | $q=0$ |  |
| $s$ | 1 |  |
|  | 1.5 |  |
| $G$ | 1 |  |


|  | Acute | Obtuse | All |
| :---: | :---: | :---: | :---: |
| $\max G$ | 1 | 1 | 1 |
| $\min G$ | $17 / 18$ | 0 | 0 |

Here we have used the delicate inequalities

$$
\frac{17}{18}<\frac{1+2 \sqrt{2}}{4}<\frac{7+2 \sqrt{6}}{12}<1
$$

As a result, we have proved the following addition to (5.1):

$$
\frac{17}{18}\left(\sum \cos A\right)^{2} \leq \sum \sin B \sin C \leq\left(\sum \cos A\right)^{2} \text { for acute triangles. }
$$

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## Trigonometric Inequalities

Mowaffaq Hajja
vol. 8, iss. 1, art. 29, 2007

Title Page
Contents


Page 15 of 24
Go Back
Full Screen
Close
journal of inequalities in pure and applied mathematics
issn: 1443-5756

Example 5.2. In [1], the inequality (8) (page 12) reads $p \geq 6 q$. To prove this, we take

$$
H=\frac{p}{q}=\frac{s^{2}-1+2 q}{2 q}
$$

It is clear that $H$ has no interior critical points since $\partial H / \partial s$ is never 0 . On the set of degenerate triangles, $s=1$ and $H$ is identically 1 . On the set of right triangles, we note that as $q \rightarrow 0^{+}, H \rightarrow+\infty$, and as $q \rightarrow 0^{-}, H \rightarrow-\infty$. On the set of isosceles triangles,

$$
\begin{aligned}
H & =\frac{t^{2}+2 t\left(1-2 t^{2}\right)}{t^{2}\left(1-2 t^{2}\right)}=\frac{1}{1-2 t^{2}}+\frac{2}{t} \\
\frac{d H}{d t} & =\frac{4 t}{\left(1-2 t^{2}\right)^{2}}-\frac{2}{t^{2}}=\frac{-2(2 t-1)\left(2 t^{3}-2 t-1\right)}{t^{2}\left(1-2 t^{2}\right)^{2}}
\end{aligned}
$$

Since $2 t^{3}-2 t-1=2 t\left(t^{2}-1\right)-1$ is negative on $[0,1]$, it follows that $H$ decreases from $\infty$ to 6 on $[0,1 / 2]$, increases from 6 to $\infty$ on $[1 / 2,1 / \sqrt{2}]$, and increases from $-\infty$ to 1 on $[1 / \sqrt{2}, 1]$. Therefore the minimum of $H$ is 6 on acute triangles and 1 on obtuse triangles. Thus we have the better conclusion that

$$
\begin{aligned}
& p \geq 6 q \text { for acute triangles } \\
& p \geq q \text { for obtuse triangles }
\end{aligned}
$$

It is possible that the large amount of effort spent by Bager in proving the weak statement that $p \geq 6 q$ for obtuse triangles is in fact due to the weakness of the statement, not being the best possible.

One may also take $G=p-6 q$. Again, it is clear that we have no interior critical points. On degenerate triangles, $G=-5 q, q \in[-1,0]$, and thus $G$ takes all the values between 0 and 5. On right triangles, $G=p=\left(s^{2}-1\right) / 2$ and $G$ takes all

Trigonometric Inequalities
Mowaffaq Hajja
vol. 8, iss. 1, art. 29, 2007

Title Page
Contents


Page 16 of 24
Go Back
Full Screen
Close
journal of inequalities in pure and applied mathematics
issn: 2443-5756
values between 0 and 5/8. On isosceles triangles,

$$
G=t^{2}+2 t\left(1-2 t^{2}\right)-6 t^{2}\left(1-2 t^{2}\right) \text { and } \frac{d G}{d t}=2(2 t-1)\left(12 t^{2}+3 t-1\right)
$$

If $r$ denotes the positive zero of $12 t^{2}+3 t-1$, then $r \leq 0.2, G(r) \leq 0.2$ and $G$ increases from 0 to $G(r)$ on $[0, r]$, decreases from $G(r)$ to 0 on $[r, 1 / 2]$ increases from 0 to $1 / 2$ on $[1 / 2,1 / \sqrt{2}]$, and increases from $1 / 2$ to 5 on $[1 / \sqrt{2}, 1]$. Therefore $G \geq 0$ for all triangles, and $G \leq 5 / 8$ for acute triangles and $G \leq 5$ for obtuse triangles; and we have the stronger inequality

$$
\begin{aligned}
& 6 q+\frac{5}{8} \geq p \geq 6 q \text { for acute triangles } \\
& 6 q+5 \geq p \geq 6 q \text { for obtuse triangles }
\end{aligned}
$$

|  | Acute triangles |  | Obtuse triangles |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Right | Isosceles | Degenerate | Right | Isosceles |
| $\max G$ | $5 / 8$ | $1 / 2$ | 5 | $5 / 8$ | 5 |
| $\min G$ | 0 | 0 | 0 | 0 | $1 / 2$ |

Example 5.3. Here, we settle a conjecture in [1, Cj 1 , page 18)] which was solved in [2]. In our terminology, the conjecture reads

$$
\begin{equation*}
p Q \geq \frac{9 \sqrt{3}}{4} q \tag{5.3}
\end{equation*}
$$

where $Q=\sin A \sin B \sin C$. The case $q>0, p<0$ cannot occur since $p \geq q$. Also, in the case $q>0, p<0$, the inequality is vacuous. So we restrict our attention to the cases when $p$ and $q$ have the same sign and we optimize $H=p^{2} Q^{2} / q^{2}$. From

$$
Q^{2}=\left(1-\cos ^{2} A\right)\left(1-\cos ^{2} B\right)\left(1-\cos ^{2} C\right)=1-s^{2}+2 p+p^{2}-2 s q-q^{2}
$$

Trigonometric Inequalities
Mowaffaq Hajja
vol. 8, iss. 1, art. 29, 2007

Title Page
Contents


Page 17 of 24
Go Back
Full Screen
Close
journal of inequalities in pure and applied mathematics
issn: 2443-5756
it follows that

$$
\begin{aligned}
H & =\frac{p^{2}\left(1-s^{2}+2 p+p^{2}-2 s q-q^{2}\right)}{q^{2}} \\
& =\frac{p^{2}(p+1+q+s)(p+1-q-s)}{q^{2}} \\
& =\frac{\left(s^{2}-1+2 q\right)^{2}\left(s^{2}+2 s+1+4 q\right)(s-1)^{2}}{16 q^{2}} \\
\frac{\partial H}{\partial q} & =\frac{-(s-1)^{2}\left(s^{2}-1+2 q\right)\left(2 q s^{2}-2 q-4 q^{2}+s^{4}+2 s^{3}-2 s-1\right)}{8 q^{3}} \\
\frac{\partial H}{\partial s} & =\frac{-(s-1)\left(s^{2}-1+2 q\right)\left(4 q s^{2}-q+2 q^{2}-q s+s^{4}+s^{3}-s^{2}-s\right)}{2 q^{2}}
\end{aligned}
$$

At interior critical points (if any) at which $s^{2}-1+2 q=0, H=0$. For other interior critical points, we have

$$
\begin{aligned}
& E_{1}:=2 q s^{2}-2 q-4 q^{2}+s^{4}+2 s^{3}-2 s-1=0 \\
& E_{2}:=4 q s^{2}-q+2 q^{2}-q s+s^{4}+s^{3}-s^{2}-s=0 \\
& E_{3}:=E_{1}-2 E_{2}=-2\left(5 s^{2}-s-2\right) q-(3 s+1)(s-1)(s+1)^{2}=0
\end{aligned}
$$

If $5 s^{2}-s-2=0$, then $(3 s+1)(s-1)(s+1)^{2}=0$, which is impossible. Therefore $5 s^{2}-s-2 \neq 0$ and

$$
q=\frac{-(3 s+1)(s-1)(s+1)^{2}}{2\left(5 s^{2}-s-2\right)}
$$

This with $E_{1}$ imply that $(s-1)(s-3)(s+1)^{2}\left(s^{2}-s-1\right)=0$, which has no feasible solutions.

Trigonometric Inequalities
Mowaffaq Hajja
vol. 8, iss. 1, art. 29, 2007

Title Page
Contents
$\qquad$

## Conts



Page 18 of 24
Go Back
Full Screen
Close
journal of inequalities in pure and applied mathematics
issn: 1443-5756

We move to the boundary. As $q \rightarrow 0^{ \pm}, H \rightarrow+\infty$. On $s=1, H=0$. It remains to work on isosceles triangles. There

$$
\begin{aligned}
H & =\frac{2\left(4 t^{2}-t-2\right)^{2}(1-t)^{3}(1+t)^{3}}{\left(1-2 t^{2}\right)^{2}} \\
\frac{d H}{d t} & =\frac{8(1-t)^{2}(1+t)^{2}\left(4 t^{2}-t-2\right)(2 t-1)\left(12 t^{4}+4 t^{3}-10 t^{2}-4 t+1\right)}{\left(1-2 t^{2}\right)^{3}}
\end{aligned}
$$

Let $\rho=(1+\sqrt{33}) / 8$ be the positive zero of $4 t^{2}-t-2$. Then $q<0, p>0$ for $t \in(\sqrt{2} / 2, \rho)$. By Descartes' rule of signs [13, page 121], the polynomial

$$
g(t)=12 t^{4}+4 t^{3}-10 t^{2}-4 t+1
$$

has at most two positive zeros. Since

$$
g(0)=1>0 \text { and } g(1 / 2)=\frac{-9}{4}<0
$$

then one of the zeros, say $r_{1}$ is in $(0,1 / 2)$. Also,

$$
g(t)=\left(4 t^{2}-t-2\right)\left(3 t^{2}+\frac{7}{4} t-\frac{9}{16}\right)-\frac{17}{16} t-\frac{1}{8}
$$

Therefore $g(\rho)<0$. Since $g(1)=3>0$, it follows that the other positive zero, say $r_{2}$, of $g$ is in $(\rho, 1)$. Therefore $H$ increases on $\left(0, r_{1}\right)$, decreases on $\left(r_{1}, 1 / 2\right)$ and then increases on $(1 / 2, \sqrt{2} / 2)$. Its maximum on acute triangles is $\infty$ and its minimum is $\min \{H(0), H(1 / 2)\}=\max \{16,243 / 16=15.1875\}=243 / 16$. This proves (5.3) in the acute case. In the obtuse case with $p<0$, we see that $H$ increases on ( $\rho, r_{2}$ ) and decreases on ( $r_{2}, 1$ ). Its minimum is 0 and its maximum is $H\left(r_{2}\right)$. This is summarized in the following table.

Trigonometric Inequalities
Mowaffaq Hajja
vol. 8, iss. 1, art. 29, 2007

Title Page
Contents


Page 19 of 24
Go Back
Full Screen
Close
journal of inequalities in pure and applied mathematics
issn: 1443-5756

|  | Isosceles |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Acute |  |  | Obtuse, $p>0$ |  | Obtuse, $p>0$ |  |  |  |
| $t$ | 0 | $r_{1}$ | $1 / 2$ | $\sqrt{2} / 2$ |  | $\rho$ | $r_{2}$ |  |  |
| 1 |  |  |  |  |  |  |  |  |  |
| $H$ | 16 | 17.4 | 15.1875 | $\infty$ | 0 | 0.01 | 0 |  |  |

The critical points together with the corresponding values of $H$ are given below:

| $t$ | 0 | .18 | .5 | $\sqrt{2} / 2^{-}$ | $\sqrt{2} / 2^{+}$ | .85 | .9 | 1 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $H(t)$ | 16 | 17.4 | 15.1875 | $+\infty$ | $+\infty$ | 0 | .01 | 0 |


|  | Acute triangles |  | Obtuse triangles with $p<0$ |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Right | Isosceles | Degenerate | Isosceles |
| $\max H$ | $\infty$ | $\infty$ | 0 | 0.01 |
| $\min H$ | $\infty$ | 15.1875 | 0 | 0 |

Example 5.4. Finally, we prove inequality (33) in [1, page 17]. In our terminology, it reads

$$
\begin{equation*}
p \leq \frac{2}{\sqrt{3}} Q \tag{5.4}
\end{equation*}
$$

where $Q=\sin A \sin B \sin C$. Clearly, we must restrict our attention to the triangles with $p>0$ and minimize $H=Q^{2} / p^{2}$. Since $H$ tends to $+\infty$ as $p$ tends to 0 , we are not concerned with the behaviour of $H$ near the curve $p=s^{2}-1+2 q=0$.

From

$$
Q^{2}=\left(1-\cos ^{2} A\right)\left(1-\cos ^{2} B\right)\left(1-\cos ^{2} C\right)=1-s^{2}+2 p+p^{2}-2 s q-q^{2},
$$

## Trigonometric Inequalities

Mowaffaq Hajja
vol. 8, iss. 1, art. 29, 2007

Title Page
Contents


Page 20 of 24

Go Back
Full Screen

Close
journal of inequalities in pure and applied mathematics
issn: 1443-575b
it follows that

$$
\begin{aligned}
H & =\frac{1-s^{2}+2 p+p^{2}-2 s q-q^{2}}{p^{2}} \\
& =\frac{(p+1+q+s)(p+1-q-s)}{p^{2}} \\
& =\frac{(s-1)^{2}\left(s^{2}+2 s+1+4 q\right)}{\left(s^{2}-1+2 q\right)^{2}} \\
\frac{\partial H}{\partial q} & =\frac{-8(s-1)^{2}(s+q+1)}{\left(s^{2}-1+2 q\right)^{3}} \\
\frac{\partial H}{\partial s} & =\frac{8 q(s-1)(3 s+2 q-1)}{\left(s^{2}-1+2 q\right)^{3}}
\end{aligned}
$$

It is clear that no interior critical points exist. At $q=0, H=1$. At $s=1, p=q<0$. On isosceles triangles,

$$
H=\frac{4(1-t)^{3}(1+t)^{3}}{\left(4 t^{2}-t-2\right)^{2}} \text { and } \frac{d H}{d t}=\frac{8(1-t)^{2}(1+t)^{2}(1-2 t)\left(2 t^{2}+1\right)}{\left(4 t^{2}-t-2\right)^{3}}
$$

Then $p>0$ for $t \in(0, \rho)$, where $\rho=(1+\sqrt{33}) / 8$ is the positive zero of $4 t^{2}-t-2$. On this interval, the minimum of $H$ is $H(1 / 2)=3 / 4$. Hence $H \geq 3 / 4$ and the result follows by taking square roots.

Trigonometric Inequalities
Mowaffaq Hajja
vol. 8, iss. 1, art. 29, 2007

Title Page
Contents
$\qquad$

## Content



Page 21 of 24

## Go Back

Full Screen
Close
journal of inequalities in pure and applied mathematics
issn: 1443-5756

## 6. Limitations of the Method described in Section 4

The method described in Section 4 deals only with polynomials (and polynomiallike functions) in the variables $\cos A, \cos B$, and $\cos C$ that are symmetric in these variables. There is an algorithm which writes such functions in terms of the elementary symmetric polynomials $s, p$, and $q$, and consequently in terms of $s$ and $q$ using (2.11). Finding the interior critical points in the $(s, q)$ domain $\Omega$ involves solving a system of algebraic equations. Here, there is no algorithm for solving such systems.

For functions in $\sin A, \sin B$, and $\sin C$, one needs to develop a parallel method. This is a worse situation since the algebraic relation among $\sin A, \sin B$, and $\sin C$ is more complicated; see [6, Theorem 5]. It is degree 4 and it is not linear in any of the variables. Things are even worse for inequalities that involve both the sines and cosines of the angles of a triangle. Here, one may need the theory of multisymmetric functions.

Trigonometric Inequalities
Mowaffaq Hajja
vol. 8, iss. 1, art. 29, 2007

Title Page
Contents


Page 22 of 24
Go Back
Full Screen
Close
journal of inequalities in pure and applied mathematics
issn: 1443-5756

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Trigonometric Inequalities
Mowaffaq Haja
vol. 8, iss. 1, art. 29, 2007

Title Page
Contents


Page 23 of 24
Go Back
Full Screen
Close
journal of inequalities in pure and applied mathematics
issn: 2443-5756
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Trigonometric Inequalities
Mowaffaq Hajja
vol. 8, iss. 1 , art. 29, 2007

Title Page
Contents


Page 24 of 24
Go Back
Full Screen
Close
journal of inequalities in pure and applied mathematics
issn: 1443-5756

