# A STABILITY VERSION OF HÖLDER'S INEQUALITY FOR $0<p<1$ 

J. M. ALDAZ<br>Departamento de Matemáticas y Computación<br>Universidad de La Rioja<br>26004 Logroño, La Rioja, Spain.<br>EMail: jesus.munarrizaldaz@unirioja.es

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| Abstract: | We use a refinement of Hölder's inequality for $1<p<\infty$ to obtain the cor- <br> responding refinement when $r \in(0,1)$. This in turn allows us to sharpen the <br> reverse triangle inequality on the nonnegative functions in $L^{r}$, for $r \in(0,1)$. |
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By $\|F\|_{t}:=\left(\int|F|^{t}\right)^{1 / t}$ we do not mean to imply that this quantity is finite, nor do we assume that $t>0$; in fact, in this note negative exponents are unavoidable.

It is well known that Hölder's inequality can be extended to the range $0<r<1$, by an argument that essentially amounts to a clever rewriting of the case $1<p<\infty$, cf. [2, pg. 191]. We denote the conjugate exponent of $r$ by $s:=r /(r-1)$, and the conjugate exponent of $p$ by $q:=p /(p-1)$ (of course, to go from the range $(0,1)$ to $(1, \infty)$ and viceversa, one sets $r=1 / p)$. Hölder's inequality for $0<r<1$ tells us that if $h$ and $k$ are nonnegative functions in $L^{r}$ and $L^{s}$ respectively, then $\int h k \geq\left(\int h^{r}\right)^{1 / r}\left(\int k^{s}\right)^{1 / s}$. This entails that given functions $h, w \geq 0$ in $L^{r}$, the reverse triangle inequality $\|h+w\|_{r} \geq\|h\|_{r}+\|w\|_{r}$ holds. Nonnegativity is of course crucial.

Here we extend to the range $(0,1)$ the following stability version of Hölder's inequality, which appears in [1]:

Let $1<p<\infty$ and let $q=p /(p-1)$ be its conjugate exponent. If $f \in L^{p}$, $g \in L^{q}$ are nonnegative functions with $\|f\|_{p},\|g\|_{q}>0$, and $1<p \leq 2$, then
(1)

$$
\begin{aligned}
\|f\|_{p}\|g\|_{q}\left(1-\frac{1}{p}\left\|\frac{f^{p / 2}}{\left\|f^{p / 2}\right\|_{2}}-\frac{g^{q / 2}}{\left\|g^{q / 2}\right\|_{2}}\right\|_{2}^{2}\right)_{+} \\
\leq\|f g\|_{1} \leq\|f\|_{p}\|g\|_{q}\left(1-\frac{1}{q}\left\|\frac{f^{p / 2}}{\left\|f^{p / 2}\right\|_{2}}-\frac{g^{q / 2}}{\left\|g^{q / 2}\right\|_{2}}\right\|_{2}^{2}\right)
\end{aligned}
$$

while if $2 \leq p<\infty$, the terms $1 / p$ and $1 / q$ exchange their positions in the preceding inequalities.

Inequality (1) essentially states that $\|f g\|_{1} \approx\|f\|_{p}\|g\|_{q}$ if and only if the angle between the $L^{2}$ vectors $f^{p / 2}$ and $g^{q / 2}$ is small (in this sense it is a stability result). To see that on the cone of nonnegative functions (1) extends the parallelogram identity,
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rearrange the latter, for nonzero $x$ and $y$ in a real Hilbert space, as follows (cf. [1, formula (2.0.2)]):

$$
\begin{equation*}
(x, y)=\|x\|\|y\|\left(1-\frac{1}{2}\left\|\frac{x}{\|x\|}-\frac{y}{\|y\|}\right\|^{2}\right) . \tag{2}
\end{equation*}
$$

Writing (2) as a two sided inequality, adequately replacing some of the Hilbert space norms by $p$ and $q$ norms, and the terms $1 / 2$ by $1 / p$ and $1 / q$, we see that (1) indeed generalizes (2). Note also that $\left\|f^{p / 2}\right\|_{2}=\|f\|_{p}^{p / 2}$. Save in the case where $p=q=2$, the nonnegative functions $f \in L^{p}$ and $g \in L^{q}$ will in principle belong to different spaces, so to compare them $L^{2}$ is retained in (1) as the common measuring ground; to go from $L^{p}$ and $L^{q}$ into $L^{2}$ we use the Mazur map, which for nonnegative functions of norm 1 in $L^{p}$ is simply $f \mapsto f^{p / 2}$ (cf. [1] for more details).

Next we extend inequality (1) to the range $0<r<1$, keeping the role of $L^{2}$. Unlike the case of Hölder's inequality for $1<p<\infty$, here we assume that $h k \in L^{1}$. In exchange, we do not need to suppose a priori that $h \in L^{r}$; this will be part of the conclusion.

Theorem 1. Let $0<r<1$, and let $s=s /(s-1)$ be its conjugate exponent. If $k \in L^{s}, h k \in L^{1},\|h\|_{r},\|k\|_{s}>0$, and $1 / 2 \leq r<1$, then

$$
\begin{equation*}
\|h k\|_{1}\left(1-r\left\|\frac{h^{1 / 2} k^{1 / 2}}{\left\|h^{1 / 2} k^{1 / 2}\right\|_{2}}-\frac{k^{s / 2}}{\left\|k^{s / 2}\right\|_{2}}\right\|_{2}^{2}\right)_{+}^{\frac{1}{r}} \tag{3a}
\end{equation*}
$$

$$
\begin{equation*}
\leq\|h\|_{r}\|k\|_{s} \leq\|h k\|_{1}\left(1-(1-r)\left\|\frac{h^{1 / 2} k^{1 / 2}}{\left\|h^{1 / 2} k^{1 / 2}\right\|_{2}}-\frac{k^{s / 2}}{\left\|k^{s / 2}\right\|_{2}}\right\|_{2}^{2}\right)^{\frac{1}{r}} \tag{3b}
\end{equation*}
$$

while if $0<r \leq 1 / 2$, the terms $r$ and $1-r$ exchange their positions in the preceding inequalities.

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Proof. Suppose $1 / 2 \leq r<1$. Set $p=1 / r$ and use $q$ and $s$ to denote the conjugate exponents of $p$ and $r$ respectively. Since $1<p \leq 2$, we can apply (1) to the functions $f:=h^{r} k^{r}$ and $g=k^{-r}$, which belong to $L^{p}$ and $L^{q}$ respectively: $\int f^{p}=\int h k<\infty$ and $\int g^{q}=\int k^{s}<\infty$. Now the inequalities (3) immediately follow. If $0<r \leq 1 / 2$, then $2 \leq p<\infty$, so just interchange the terms $1 / p$ and $1 / q$ in (1).

Note that from (3b), together with the hypothesis $\|h\|_{r}\|k\|_{s}>0$, we get

$$
\begin{equation*}
0<1-(1-r)\left\|\frac{h^{1 / 2} k^{1 / 2}}{\left\|h^{1 / 2} k^{1 / 2}\right\|_{2}}-\frac{k^{s / 2}}{\left\|k^{s / 2}\right\|_{2}}\right\|_{2}^{2} \tag{4}
\end{equation*}
$$

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Contents of $1-r$, holds when $0<r \leq 1 / 2$. Thus, (3b) can be rewritten as

$$
\begin{equation*}
\|h\|_{r}\|k\|_{s}\left(1-(1-r)\left\|\frac{h^{1 / 2} k^{1 / 2}}{\left\|h^{1 / 2} k^{1 / 2}\right\|_{2}}-\frac{k^{s / 2}}{\left\|k^{s / 2}\right\|_{2}}\right\|_{2}^{2}\right)^{-\frac{1}{r}} \leq\|h k\|_{1} \tag{5}
\end{equation*}
$$



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Theorem 2. Let $0<r<1$. Given nonnegative functions $h, w \in L^{r}$ with $\|h\|_{r},\|w\|_{r}>$ 0 , set $k:=(h+w)^{r-1} /\left\|(h+w)^{r-1}\right\|_{s}$. Then, if $1 / 2 \leq r<1$, we have

$$
\left.\begin{array}{rl}
\|h+w\|_{r} \geq\|h\|_{r}(1- & (1-r) \| \tag{6}
\end{array} \frac{h^{1 / 2} k^{1 / 2}}{\left\|h^{1 / 2} k^{1 / 2}\right\|_{2}}-k^{s / 2} \|_{2}^{2}\right)^{-\frac{1}{r}} .
$$

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$$
\begin{equation*}
\|h+w\|_{r}=\int \frac{(h+w)^{r-1}}{\left\|(h+w)^{r-1}\right\|_{s}}(h+w)=\int h k+\int w k \tag{7}
\end{equation*}
$$

Since the left hand side of the preceding equality is finite, so are both integrals on the right hand side, and now the result follows by applying (4). If $0<r \leq 1 / 2$, we argue in the same way, but with $r$ replacing $1-r$ in (4).

Let us write $\theta(x, y):=\left\|\frac{x}{\|x\|}-\frac{y}{\|y\|}\right\|$. To conclude, we make some comments on the size of $\theta\left(h^{1 / 2} k^{1 / 2}, k^{s / 2}\right)$, which also apply to $\theta\left(w^{1 / 2} k^{1 / 2}, k^{s / 2}\right)$. On a real Hilbert space, $\theta(x, y)$ is comparable to the angle between the vectors $x$ and $y$. In particular, $\theta\left(h^{1 / 2} k^{1 / 2}, k^{s / 2}\right)$ is zero if and only if there exists a $t>0$ such that $h=t w$, in which case $\|h+w\|_{r}=\|h\|_{r}+\|w\|_{r}$. Under any other circumstance, the inequality given by (6) is strictly better that the standard reverse triangle inequality.

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On the other hand, if we ask how small

$$
\left(1-(1-r)\left\|\frac{h^{1 / 2} k^{1 / 2}}{\left\|h^{1 / 2} k^{1 / 2}\right\|_{2}}-k^{s / 2}\right\|_{2}^{2}\right)^{\frac{1}{r}}
$$

can be for $r \in[1 / 2,1)$, the obvious bound $\theta\left(h^{1 / 2} k^{1 / 2}, k^{s / 2}\right) \leq \sqrt{2}$ is informative when $r$ is close to 1 , but useless if $r=1 / 2$. The analogous remark holds for

$$
\left(1-r\left\|\frac{h^{1 / 2} k^{1 / 2}}{\left\|h^{1 / 2} k^{1 / 2}\right\|_{2}}-k^{s / 2}\right\|_{2}^{2}\right)^{\frac{1}{r}}
$$

when $0<r \leq 1 / 2$. However, nontrivial bounds also hold near $1 / 2$, since for every $r \in(0,1),\|h+w\|_{r} \leq 2^{1 / r-1}\left(\|h\|_{r}+\|w\|_{r}\right)$ (see for instance Exercise 13.25 a), [2, pg. 199]). Thus, $\theta\left(h^{1 / 2} k^{1 / 2}, k^{s / 2}\right)$ and $\theta\left(w^{1 / 2} k^{1 / 2}, k^{s / 2}\right)$ cannot be simultaneously large. More precisely, if $1 / 2 \leq r<1$, then either

$$
\theta^{2}\left(h^{1 / 2} k^{1 / 2}, k^{s / 2}\right) \leq \frac{1-2^{r-1}}{1-r}
$$

or

$$
\theta^{2}\left(w^{1 / 2} k^{1 / 2}, k^{s / 2}\right) \leq \frac{1-2^{r-1}}{1-r}
$$

while if $0<r \leq 1 / 2$, then either

$$
\theta^{2}\left(h^{1 / 2} k^{1 / 2}, k^{s / 2}\right) \leq \frac{1-2^{r-1}}{r}
$$

or

$$
\theta^{2}\left(w^{1 / 2} k^{1 / 2}, k^{s / 2}\right) \leq \frac{1-2^{r-1}}{r}
$$

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